



## NUTRITION ON WEEKENDS

The Nutrition On Weekends program is a collaborative, community effort to target childhood hunger. The program provides healthy, ready-to-eat nutritional foods for children during the weekend. The program was created in response to data collected from Marshfield students as part of the Youth Risk Behavior Survey. In 2012, 20% of students surveyed indicated he/she had gone to bed hungry at least once in the past thirty days because there was not enough food in the home. In 2017, 27.1% of Marshfield Middle School students and 20.4% Marshfield High School students indicated he or she had gone to bed hungry at least once in the past 30 days because there was not enough food in the home.

A pilot of the program began serving twenty-nine children in the Marshfield School District in October 2013. In subsequent years the program had grown to serve about 450 students weekly in the Marshfield, Auburndale, Granton, Greenwood, Loyal, Pittsville, Spencer and Stratford School Districts.

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### EACH CHILD IS GIVEN A FOOD PACK THAT CONTAINS:

2 PEANUT BUTTER & JELLY

SANDWICHES

2 CUPS CEREAL

2 PIECES OF  
FRUIT

2 SNACK ITEMS

BABY CARROTS

CHEESE

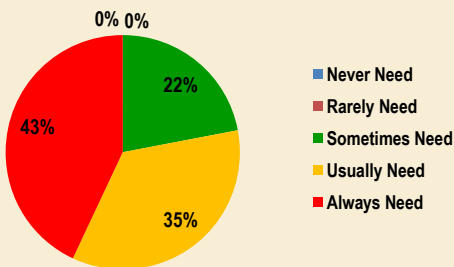


### SPONSOR A CHILD, NOW.

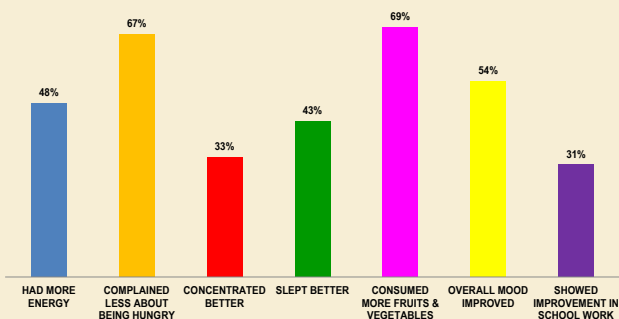
\$78 is enough to provide a child with food for the entire school year. To sponsor a child, please visit [marshfieldareaunderway.org](http://marshfieldareaunderway.org) or call United Way at 715-384-9992.

In a recent survey, 95 families with children receiving NOW food packs in the 2016-17 school year indicated the following:

How often do you need this program to adequately supply your child/children with food on the weekends?



### Change in Behaviors



### WISH LIST OF ITEMS FOR DONATION:

- RAISINS/CRAISINS
- GRANOLA BARS
- CHEERIOS
- RAISIN BRAN
- LIFE CEREAL
- PRETZELS
- FRUIT SNACKS
- DRIED FRUIT
- GOLDFISH CRACKERS
- ANIMAL CRACKERS
- SUGAR-FREE JELLO CUPS
- FRUIT OR APPLESAUCE CUPS
- ZIPLOC SANDWICH BAGS



Donations can be dropped off at  
**Marshfield Area United Way**  
 (156 S Central Avenue)  
 Monday through Friday  
 from 8:00 a.m. — 4:30 p.m.

